Health Record Requirements

Visit your primary healthcare provider to complete the requirements below.

All students must have a current physical exam, up-to-date immunizations, and a 10-panel urine drug screen prior to enrollment. Documentation must be submitted to CastleBranch by the specified deadline. Deadlines are indicated in the *Welcome to Allen College - Required Material* letter.

The physical exam must be completed within one year of start date and include:

- 1. General physical examination and infectious disease history (including childhood diseases, i.e. chicken pox, Pertussis, etc.) ensuring physical ability to perform patient care diseases.
- 2. The Health Record form must be signed and uploaded to your CastleBranch account.

Immunization records must include:

Dates must be verified on the Health Record form with a minimum of month/year

1. Required Immunizations:

Tuberculosis (TB) – New students are required to have a 2-step TB test. Annual test is required.

Hepatitis B – Series of three immunizations. Results of a titer also recommended.

Measles, Mumps, Rubella (MMR) – Two immunizations or documented titers for each disease is required. History of the disease is not sufficient.

Tetanus, Diphtheria and Pertussis (Tdap required) – Provide proof of vaccination. Must be current within 10 years of beginning classes.

Influenza – Required for all students participating in clinical settings. Medical reason for declination of influenza immunization is required from your Medical Provider.

Varicella Chicken Pox – Proof of immunization, positive titer, or history of disease documentation.

Covid – Required for all students participating in clinical settings. Medical or religious reason for declination of covid immunization is required.

2. Voluntary Immunizations:

Meningitis – Strongly recommended

Hepatitis A – Strongly recommended for students going on mission trips outside the United States. Titers require lab results when there is no documentation of the original immunization.

The 10-panel urine drug screen is available:

UnityPoint Health – Allen Occupational Health 7024 Nordic Dr. Cedar Falls, IA (319) 859-3878 By appointment only

Quest Diagnostics Lab Required forms are available on-site (Complete a google search for the nearest location)

